



Personal information

First name(s) / Surname(s)	Lino Alves Martins, Arlindo
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Professional Website	www.criaroutraescola.com
Professional accounts on youtube	arlindocoe or projectocoe
Nationality	Portuguese
Date of birth	06.11.1971
Gender	Male

Desired employment / Occupational field

SPORTS AREA:

- Coach of Martial Arts' Trainers and of Physical Education Teachers in methodologies of sports initiation in Martial Arts/Combat Sports in the respective clubs and schools;
- Coach of Trainers of High Levels of Competition in the Semi Contact or First Point (Kickboxing) specialties;
- Kickboxing Trainer with expertise in the discipline of Semi Contact (preferably in classes of initiation/training with children);
- Trainer of classes of sports initiation/training (e.g. gymnastics and basketball);
- Coach of Trainers and Teachers, in general, in classes like Coaching, Motivation, Leadership, Communication, Stress Management, Conflicts Management, Innovative and Creative Methodologies, ...

EDUCATIONAL AREA:

- Teacher of Physical Education, (Pre-School, Primary and Secondary School);
- Coaching teachers of Physical Education in Methodology of *Humanization Of Physical Education*;
- Services of Coaching and Teacher's Training in "Savoir-faire" (Motivation, Leadership, Discipline, Conflict Management, ...)

Work experience

Dates	1991 – 2007
Occupation or position held	<ul style="list-style-type: none"> - Trainer/Instructor of the discipline <i>Semi Contact</i> (of the sport Kickboxing) and of Gymnastics - Organizer and promoter of Educational and Sports events - Consultant and trainer/lecturer at a national level on themes like sports and personal development and balance
Main activities and responsibilities	<ul style="list-style-type: none"> - Instructor of <i>Semi Contact</i> of the initiation classes / Training athletes of higher levels of competition (http://www.youtube.com/watch?v=WTSDvESuliU&feature=player_embedded#at=420) - Trainer with a sports career with over 100 national champions and several awarded athletes in international championships, all over the World, including Europe, in the disciplines of <i>Semi Contact</i> and of Musical Forms of Kickboxing; - Organizer of the National Championship of <i>Semi Contact</i> and Musical Forms (1999); - Co-founder and Assistant Trainer of the Gen 21 Team – Action Team specialised in performances (Martial Arts, Acrobatics, Comedies) and work as stuntman in cinema (http://www.youtube.com/user/pedrogen21) - Coach of Martial Arts of the Cinema Stuntman, David Chan Cordeiro, of the Company Mad Stunts (http://www.madstunts.pt/) - From 1995 to 2003: trainer in Martial Arts of the movies stuntman David Chan Cordeiro of the company Mad Stunts (http://www.madstunts.pt/) - Author of the dvd “Initiation to Combat Sports/Martial Arts in schools and sports clubs”, destined to Trainers and Physical Education Teachers (with expected publication in 2012) - Co-Author of the Manual of Monitors of the Portuguese Federation of Kickboxing in 2002 (un-published) - Author of the Program “The use of Martial Arts/Combat Sports in the healthy channelling of aggression/human violence” integrated in the Methodologies of Teaching-Learning entitled “Sport for the development of the human being’s qualities” - Consultant and trainer/lecturer in courses, workshops and seminars in themes related with areas like Motivation, Leadership, Coaching to Athletes, Counselling to Parents, Stress Management, Psychological Preparation, Sport’s Humanization, Success and Happiness, ... - Chairman of the Board of Directors Gen 21 – Academy For Sports, Arts and Training.
Name and address of employer	Gen 21 – Academia de Desporto, Artes e Formação Adress: Urbanização do Pimentão, lote 5, c/v. 8500-776 Portimão (Portugal)
Type of business or sector	Sports and Education Association
Dates	1995 – 2002
Occupation or position held	<ul style="list-style-type: none"> - National Coach of Semi – Contact - Coaching trainers of Kickboxing - President of the Algarve’s Kickboxing and Full Contact Association
Main activities and responsibilities	<ul style="list-style-type: none"> - National Coach of Semi – Contact (with grade of 4th Dan in Kickboxing), participating in various Championships in Europe, Overseas and others like (Spain, Ireland, etc) - Responsible for the training sector of the Muaythai and Kickboxing Portuguese Federation and trainer of coaches - Founder and former director of Algarve’s Kickboxing and Full Contact Association (1998-2002) - Acquiring Qualification of Trainer, National Level, – Level III (2004)
Name and address of employer	Portuguese Federation of Kickboxing and Muaythai in Av. João Crisóstomo nº 18 - 1º Dto 1000-179 Lisboa , Portugal (http://www.fpkbmt.com/)
Type of business or sector	Sports
Dates	Since 1995
Occupation or position held	Teacher of Physical Education (7th to 12th year)
Main activities and responsibilities	<ul style="list-style-type: none"> - Teacher in the area of Physical Education. - Position held as Director of class. - Supervisor of pedagogical internships (2002 to 2003 till 2007/8) of finalist Teachers of Physical Education from the Institute INUAF (http://www.inuaf-studia.pt). - Certified trainer for Physical Education Teachers. - Organizer and promoter of events for teachers (Conferences, Seminars,.....) - Organizer of study visits and summer camps. - Teacher of the <i>Wrestle/Martial Arts</i> group in School Sports (1995-99) - Author of the School Program “From <i>Wrestle/Martial Arts</i> to <i>wrestle choreographies</i> in Schools” (beginning in 2010)

Name and address of employer	- Escola Secundária Poeta António Aleixo (1995/96) – Portimão (http://www.espaa.pt/) - Escola EB 2,3 Prof. José Buisel (1997/98 e 1999/2000 a 2008/09) – Portimão (http://www.eps-portimao.rcts.pt/) - Escola EB 2,3 do Parchal (1998/99) – Lagoa (http://www.eb23-parchal.rcts.pt/) - Agrupamento de Escolas de Vila Real de Santo António (desde Set. 2009 - http://www.esec-v-real-sto-antonio.rcts.pt/)
Type of business or sector	- Ministry of Education – Direcção Regional de Educação do Algarve (http://www.drealg.min-edu.pt/)
Dates	Since 2007
Occupation or position held	Founder and Director of the Project of Educational Innovation, <i>Create Another School</i> ®
Main activities and responsibilities	- Trainer and services provider of Coaching to Teachers and Educators in Educational Innovation. (http://www.criaroutraescola.com/sevicos/) - Publishing of articles and documentaries concerning Education, Teaching, Motivation, Leadership, Conflict Management, Stress Management, etc. (http://www.criaroutraescola.com/2008/08/30/lista-de-artigos-publicados-por-arlindo-martins-no-blog-coe/) - Organizer of events concerning Educational Innovation. (http://criaroutraescola.com/agenda)
Name and address of employer	- Project Create Another School based in “Urbanização Vila Paraíso, Lote 100,2ºEsq.,Vale do Lagar. 8500 Portimão (Portugal) www.criaroutraescola.com - Training / Consultancy in Educational Innovation.
Type of business or sector	-Training /Consultancy in Educational Innovation.

Education and training

Dates	1991-1996
Title of qualification awarded	A Degree in Sports Science.
Principal subjects/occupational skills covered	-General Component: Biochemical Behaviour; Epistemology of the Human Motricity, Analysis of Mathematics; Anatomophysiology; Anthropology and History of The Body; Statistics; Psychophysiology; Curriculum Development. - Component Specifics: Propedeutics of Sport Activities; Biomechanics; Systematics of Sport Activities; Development and motor Adaptation; Control and Apprenticeship; Sport Sociology; Sport Psychology; Training Biology; Sport Pedagogy; Sport Management; Analysis Socio Historical of Education; Prescription of Exercises; Methodology of Sports Animation; Training Methodology. - Integrated Pedagogical training done in Escola Secundária, Poeta António Aleixo.
Name and type of organisation providing education and training	- Faculdade de Motricidade Humana de Lisboa (http://www.fmh.utl.pt/) - Escola Secundária Poeta António Aleixo (http://www.espaa.pt/)
Level in national or international classification	Achievement obtained: Good (classification 15 Marks)

Personal skills and competences

Mother tongue(s)

Portuguese

Other Language(s)

Auto-evaluation

European Level (*)

English

Comprehension				Conversation				Writing	
Oral Comprehension		Reading		Oral Interaction		Oral Production			
B1	Independent User	B1	Independent User	A2	Elementary User	A2	Elementary User	A1	Elementary User
Note: At the moment English student with the aim to attain Level C1/C2 “ Experienced User ”									

(*)Level of Common European framework of Reference (CECR)

Social skills and competences	<ul style="list-style-type: none"> - Excellent capacity of Team spirit. - Ability to adapt to Multicultural Environments - Excellent capacity to Communicate. - Main contexts in which were acquired experience as School Teacher, Trainer and National Coach; Teaching in various courses of leadership, Communication, Coaching; Speaking in Public, Trainer of Coaches and Teachers in Leadership, Communication; Conflicts Management; Speaking in Public, Motivation...
Organisational skills and competences	<ul style="list-style-type: none"> - Good Capacity of Leadership. - Good ability to create, develop and manage projects. - Motivation of people - Good capacity of organizing sports events and Coaching. - Main contexts in which were acquired experience as Teacher, Trainer and National Coach; Chairman of the board of directors of the Association "Gen 21 – Academy for Sports and Martial Arts ", Founder, Director and Trainer of the Project <i>Create another School</i>
Computer skills and competences	<ul style="list-style-type: none"> - Mastery of Software Office (Word, Excel, Power Point, Publisher...) - Mastery of Software Edition of Video (e.g. Pinnacle Studio) <p>Main contexts in which they were acquired: Experience as a School Teacher: Chairman of the Board of Directors Association "Gen 21 - Sports Academy, Martial Arts, Publications of articles and Documentaries (Video) in YouTube about issues concerning Educational innovation.</p>
Artistic skills and competences	<p>Experience in the preparation of groups to perform Martial Arts, Acrobatics and Humour: Main context in which were acquired: Experience as Deputy Coach in the group Gen 21 - Action Team (http://www.youtube.com/user/pedrogen21) and Organizer of Sport Events</p>
Other skills and competences	-
Driving licence	Driving Licence of Light Vehicles (category B)
Additional information	<p>- Main motivations to work abroad: a) professional frustration due to the lack of appreciation, recognition and support to innovative and valid projects in Portugal; b) Work in a country that recognizes, supports and implements innovative and quality projects in areas like sports and education/training; c) Work in cooperation with people and institutions of high quality and competence; d) Develop and perfect professional knowledge; e) Contribute with the share of pedagogical approaches and innovative methodologies in sports and in schools; f) Develop and perfect the English language; g) Search for living with a minimum quality of life (and not just survive as one does in Portugal).</p> <p>- <u>Significant experiences as an active sportsman</u> in: Acrobatic Gymnastic, Canoeing, Basketball, Pilates, Yoga, Tai-chi</p> <p>- Areas of interest: Philosophy, Social Sciences and Mind Sciences (Psychology, Neurolinguistic Programming, Coaching, ...)</p> <p>References:</p> <ul style="list-style-type: none"> - Portuguese Federation of Kickboxing and Muaythai (www.fpkbmt.com) - Algarve's Kickboxing and Full Contact Association (http://www.fpkbmt.com/associacoes/) - Sports Sector from Portimão's Town Hall (www.cm-portimao.pt) - Gen 21 - Action Team (www.youtube.com/user/pedrogen21) - David Chan from Mad Stunts (www.madstunts.pt) - Glen Levy (http://thatninjaguy.com/; http://glenlevy.wordpress.com/) - Lisbon's Faculty of Human Motricity (www.fmh.utl.pt/) - Superior Institute Dom Afonso III (www.inuaf-studia.pt) - Project Create Another School® (www.criaroutraescola.com) - Ms Leadership – Leadership and Motivation (http://www.luismartinssimoes.com/homepage/) - High School Poeta António Aleixo (www.espaa.pt) - School EB 2,3 Prof. José Buisel (www.eps-portimao.rcts.pt) - School EB 2,3 do Parchal (www.eb23-parchal.rcts.pt/) - Group of Schools Vila Real de Santo António (www.esec-v-real-sto-antonio.rcts.pt) - Group of Schools from Mértola (http://www.ae-mertola.pt/)
Annexes	Due to the high number of existing certifications, They will be available on request